

Vegan & Vegetarian FAQ: Answers To Your
Frequently Asked Questions
By Davida Gypsy Breier



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Jun 07, 2015 Vegetarian?!? - posted in POST-Operation Gastric Bypass Surgery Questions & Answers: Meat just isnt really agreeing with me and right now Im eating mostly

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Jul 26, 2015 Preferably answers from other vegans, I'm neither a vegan nor a vegetarian, Answer Questions.

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I would like to know if it's vegan, and if it is, if I can bake any cakes with it? VegWeb is the world's largest vegetarian recipe community.

<http://vegweb.com/community/dine-n-dish/champagne-vegan>

About.com's Guide to Vegetarian Food offers hundreds of free, easy and simple vegetarian recipes, vegan recipes, easy tofu recipes, vegetarian nutrition, vegan health

<http://vegetarian.about.com/>

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<http://www.vegansociety.com/shop>

Dr. Fuhrman receives many questions about health, nutrition, diet, and lifestyle. Below is a list of frequently asked questions from our online members and patients

<http://www.drfuhrman.com/faq/default.aspx>

The hardest part about being a vegetarian / vegan while dining at restaurants is not finding food, but bullying from non-vegetarian people. Every time I join my

<http://www.quora.com/What-is-the-hardest-part-about-being-vegetarian-or-vegan-and-dining-at-restaurants>

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Apr 30, 2004 ve gan n. and Vegetarian FQO-Answer to Your Frequently Asked Questions (\$15) by Davida Gypsy Breier and Reed Mangels mangels Beta vulgaris; called also

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Dec 31, 2001 Vegan and Vegetarian FAQ--Answers to Your Frequently Asked Questions (\$15) by Davida Gypsy Breier and Reed Mangels, PhD, RD. 272 pages. Based on answers

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<http://www.worldcat.org/title/vegan-vegetarian-faq-answers-to-your-frequently-asked-questions/oclc/48971993>

Vegetarian or a vegan? Why? I am now vegan after being vegetarian since I was 11. I am vegan for ethical reasons relating to both animals and the environment.

<http://www.meetup.com/triangleveg/member/190555000/>

Davida Gypsy Breier has compiled Vegan & Vegetarian FAQ: Answers to Your Frequently Asked Questions, including a nutrition section by Reed Mangels, from the most

<http://www.publishersweekly.com/978-0-931411-24-3>

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Vegetarian nutrition information, recipes, books, and publishers of Vegetarian Journal. The Vegetarian Resource Group (VRG) is a non-profit organization dedicated to

<http://www.vrg.org/nutrition/>

Check out how many calories in Vegetarian/ Vegan Southwest Black Bean Soup. Get answers to all your nutrition facts questions at FitClick.

http://www.fitclick.com/recipe_Vegetarian_Vegan_Southwest_Black_Bean_Soup?fd=845511

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