

**Thin Within: A Grace-oriented Approach To Lasting
Weight Loss**

By Judy Halliday



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Thin Within: A Grace-Oriented Approach to Lasting Weight She is the author of the best-seller Thin Within, and co-author of Thin Again, a biblical approach to

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Dec 14, 2006 Thin Within For Life "A Grace-Oriented Approach to Lasting Weight Loss" ~ Judy & Arthur Halliday, authors.

<http://thinwithin4life.blogspot.com/>

Arthur W. Halliday and Judy is the cofounder of Thin Within and the coauthor of the best-seller Thin Within: A Grace-Oriented Approach to Lasting Weight

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Sara Laughs' Thin Within Diary A Grace-Oriented Approach To Lasting Weight Loss. Thursday, Thin Within by Judy and Arthur Halliday.

<http://thinwithindiary.blogspot.com/>

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Get Thin, Stay Thin addresses Judy Wardell Halliday, RN, A Grace-Oriented Approach to Lasting Weight Loss. The Hallidays live in Los Altos, California.

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