

**Chia Vitality: 30 Days To Better Health, Greater
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Life**

By Janie Hoffman



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<http://www.bloggingforbooks.com/books/view/9780804139786>

Janie Hoffman Founder & CEO, Mamma Chia 30 Days to Better Health, Greater Vibrancy, and a More Meaningful and Purposeful Life and The Chia Cookbook:

<http://beverageforum.com/index.php/11-speakers/15-janie-hoffman>

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<http://svn.org/attend-an-event/2014-fall-conference/f14-agenda/growing-a-company-best-and-worst-practices>

interviews and meetings at Expo West, Hoffman will discuss Mamma Chia 30 Days to Better Health, Greater Vibrancy, and a More Meaningful and Purposeful Life

<http://www.bevnet.com/news/2014/expo-west-update-label-evolution-new-cfo-for-mamma-chia/>

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Mamma Chia CEO Janie Hoffman on saying no, 30 Days to Better Health, Greater Vibrancy, and a More Meaningful and Purposeful Life,

<http://www.foodnavigator-usa.com/People/Mamma-Chia-CEO-Janie-Hoffman-on-saying-no-not-drinking-your-own-kool-aid-and-managing-explosive-growth>

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<http://news.mercer.edu/articles/2014/faculty-and-staff-notables-june-2014.cfm>

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Janie Hoffman, the founder of Mamma Chia, Chia Vitality: 30 Days to Better Health, Greater Vibrancy, and a More Meaningful and Purposeful Life,

<http://tothemotherhood.com/2014/08/mamma-chia/>

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